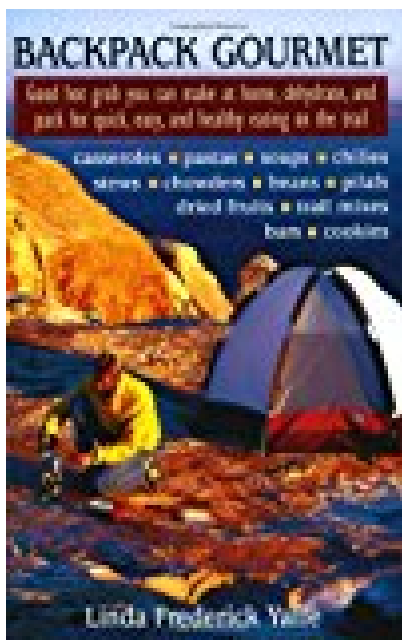


# Backpack Gourmet Good Hot Grub You Can Make at Home Dehydrate and Pack for Quick Easy and Healthy Eating on the Trail

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## BOOK DETAILS

- Author : Linda Frederick Yaffee
- Pages : 147 Pages
- Publisher : Stackpole Books
- Language : English
- ISBN : 0811726347

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## **BOOK SYNOPSIS**

Improve your backpacking experience by creating the delicious and healthy home-dried meals and snacks featured in this book.

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